



## ITAL-CANADIAN SENIORS Newsletter- March 2025

### Welcome to our New Board of Directors

**Board - President** – Joe Filice

**Directors** - Tullio Filice

**Vice-President** -Sam Noce

Rocco Cerisano

**Secretary** – Bruce Fitzpatrick

Anne Ingram

**Treasurer** – Wanda Dominelli

Pino Soluri

**Office Manager** - Connie Saccarello

Please welcome our first issue of a quarterly newsletter available to our members. We hope this newsletter will help provide you with current and upcoming events at the Centre along with articles of interest. Advertising space is available for any interested business. *Please see the last page for details.* The quarterly newsletter will be emailed to all current members, available at our location and posted on our website

[www.italcanadianseniors.ca](http://www.italcanadianseniors.ca)

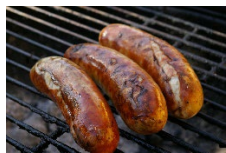
## Our Mission

Since 1986, as a non-profit organization registered under the Societies Act with charitable status under the federal government we have provided service for our Italian community. Throughout the years, we have had a full-time chef/manager and a part-time paid program coordinator/administrator, however, without our volunteers dedicating countless hours of free time we would not be able to offer the many programs and services available to our members. Our Centre provides an opportunity for seniors and non-seniors to meet daily, to feel welcomed and relaxed among old and new friends

## Our Vision

Our aim is to provide seniors, family and friends with a variety of programs or activities that will help improve fitness and reduce stress, additionally, to offer programs that will help share our heritage, culture, language, and traditions.

## Upcoming Events



*Sausage Day* – March 7 -12 pm - \$5



*Pizza Day*– March 21 -12pm - \$4



*Taralli Days* -March 24, April 28, May 26



*Bingo Days* -March 24, April 24, May 9

***New!***



*Monthly Birthday Celebration* (tbd)

To celebrate our members' birthdays, we are introducing the "***Monthly Members' Birthday Celebration***". Beginning May and each month thereafter, we will invite members celebrating their birthday for that month to share with us complimentary cake and coffee. Guests, family and non-members are welcome to come and enjoy the celebration for a nominal fee of \$5.00 per person. Since the program will begin with the month of May, we

will welcome those whose birthdays fell in Jan and Feb to attend. Please notify the office if we have your birthday month on file. (*only birth month required*)

## Hall Events



*St Patrick's Day Lunch – March 16*



*Easter Brunch -April 20*



*Mother's Day Luncheon -May 11*

### Contact Us:

#### ITAL-CANADIAN Seniors

9111 110th Avenue NW,  
Edmonton, AB T5H 4J9

Phone: 780-424-1255

email: [itcansrs@telus.net](mailto:itcansrs@telus.net)

[www.italcanadianseniors.ca](http://www.italcanadianseniors.ca)

#### Office Hours

Wed. 9:00-4:00 PM

Thurs 9:00 -4:00 PM

Fri 9:00 -4:00 PM

#### Drop-in Centre Hours

Mon to Saturday 9:00 - 3:00 PM

Sundays 9:00 – 1:00 PM

Stat Holidays - Closed

**For any administration inquiries  
please contact** Connie Saccarello  
Office Manager

Membership \$30.00 annually or  
\$50.00 per married couple

### *Fun Fact*

-According to the *Canadian Census 2021*, there were 1,546,3954 (*1.54 million*) people of Italian descent in Canada.

*Alberta – 98,725*

*Edmonton – 32,235*

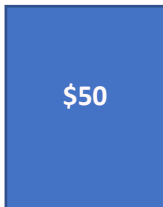
All programs, events, or activities will be based on members' involvement, attendance and cost effectiveness. Programs may be cancelled if there is not enough participation.

**A NOTE TO**

**MEMBERS REGARDING ADVERTISING IN THE NEWSLETTER**

sought from groups, suppliers, and non-members. Rates on a per insertion basis

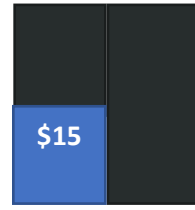
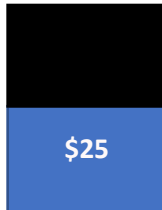
To help cover the circulation costs for our newsletter, paid advertising is being are indicated in the page templates pictured below. Please refer to these for sizes and shapes relative to the printed area of a newsletter page.



Full page



½ page vertical or horizontal



¼ page