

May 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	1 Drop in Sit and Be Fit 9:30- 10:30	2	3
4	5	6 Drop in Sit and Be Fit 9:30- 10:30	7 Healthy Cooking for Seniors 11am- 1:30pm	8 Drop in Sit and Be Fit 9:30- 10:30	9 Bingo	10
11 Mothers Day Lunch	12	13 Drop in Sit and Be Fit 9:30- 10:30	14 Healthy Cooking for Seniors 11am- 1:30pm	15 Drop in Sit and Be Fit 9:30- 10:30	16	17
18	19	20 Drop in Sit and Be Fit 9:30- 10:30	21 Healthy Cooking for Seniors 11am- 1:30pm	22 Drop in Sit and Be Fit 9:30- 10:30	23	24
25	26 Taralli Days	27 Drop in Sit and Be Fit 9:30- 10:30	28 Healthy Cooking for Seniors 11am- 1:30pm	29 Drop in Sit and Be Fit 9:30- 10:30	30	31
1	2	Notes				